# **Seek the Treasure Suggested Discussion Guide**

The following guide is designed for groups that meet for about 1½ hours or less. Our group met for 1¼ hours.

## **GENERAL SUGGESTIONS FOR LEADING THIS STUDY:**

- Start the study time within 5 minutes of your scheduled beginning even it all aren't there
  yet. Ask a general get-acquainted question that might be related to the study that day or
  just to help them get to know one another. But, don't let this take too much time. For
  example, the Ephesians kept personal treasures in their house. So, I asked the ladies,
  "What is one personal memento or treasure that you have?" That turned out to be a fun
  question.
- Then, pray and get started on the study.
- Always read the Bible verses as directed in the book whether they have done the study
  at home or not. I asked specific women to read them as we got there. That saves time.
  It's okay to skip a few of the verses that are not the main verses for the lesson.
- You read the question aloud as written in the study and give them time to answer.
- Choose ahead of time the explanation paragraphs you will read. I called on specific women to read the chosen paragraphs. That prevents awkward silence and wasted time if you are time crunched.
- Make sure to tell them to find the podcasts on any podcast provider and at melanienewton.com/ephesians-study. Discuss the "Seek the Treasure" teaching sessions (podcasts). Pull out any specific bits that you want to make sure they understand and know.
- Consider ending with a worship song. For Lesson One, I chose a YouTube version of
  the song referenced on page 20 of the book (What a Beautiful Name It Is). You can do
  that through Zoom. Have it already open and ready to play before you start Bible Study.
  Click screen share, choose the video on your computer, check both boxes at the bottom,
  then click share. Mute everyone including yourself! Time delays don't make for good
  harmony.:)

#### INTRODUCTION

If you have time, include an extra week to get acquainted and introduce the study. If not, skip to Lesson One.

Get acquainted with each other. Ask a general question or two such as, "Share your name, where you live, and one thing you consider to be a personal memento or treasure."

Start with prayer. Ask the Holy Spirit to teach you what He wants you to know in this study.

#### Some Basics

- Is anyone new to the Bible? Look at pages 1-2 "Bible Basics" and "New Testament Summary."
- Go over small group discussion guidelines (page 3). Ask which women are okay reading aloud and remember that.
- Cover pages 7-8 in Lesson 1 (the podcast information). Emphasize the two words that describe Ephesus. Have someone read the Matthew 6 verses on page 8.
- Read the theme statement together (bottom of page 8).
- Walk through Lesson 1, showing how it is arranged. Each lesson in this study covers some part of Ephesians. Tell them they can find the podcasts on any podcast provider but especially on my website at <u>melanienewton.com/ephesians-study</u>.
- Ask for any questions.

Close in prayer and a worship song.

**Recommendation:** Listen to a worship song such as "What a Beautiful Name It Is," which fits very well with this study. See page 20.

### **LESSON 1: THE TREASURE OF JESUS CHRIST**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

Start with prayer.

If you did not take a week to just introduce the study, that same information is found below. If you did spend a class time of "Introduction," skip to "The ABC's of Ephesians."

Get acquainted with each other. Ask a general question or two such as, "Share your name, where you live, and one thing you consider to be a personal memento or treasure."

Start with prayer. Ask the Holy Spirit to teach you what He wants you to know in this study.

# Introduce the study

- Is anyone new to the Bible? Look at pages 1-2 "Bible Basics" and "New Testament Summary."
- Go over small group discussion guidelines (page 3). Ask which women are okay reading aloud and remember that.

#### **Podcast Notes**

## Page 7—

- Ask someone to read the verses at the top of the page.
- The group members should have already listened to the podcast. So, just highlight the
  important stuff from pages 7-8 in Lesson 1 (the podcast information). Emphasize the two
  words that describe Ephesus and why. Have someone read the Matthew 6 verses on
  page 8. Read the next two paragraphs for these are the goals of the study.

### Page 8—

• Read the theme statement together (bottom of page 8).

## The ABC's of Ephesians

# Pages 9-10—

• If they haven't already read this section, tell them to do so. Ask if there are any questions about it, but don't spend time reading through it or discussing it.

#### **Ephesus and Its Treasure Chest**

#### Pages 10-11—

• Quiz them on the two words that describe Ephesus. Read the last paragraph in this section. This is true for us today as well.

#### God's Treasure for Them and For Us

- Skip the 2 paragraphs.
- Have someone read Acts 19:8-12 and answer the question that follows.
- Ask the next question.

### Page 12—

- Read the next paragraph about miracles (page 12).
- Ask the question about God targeting your need. Allow time for sharing.
- Read Acts 19:13-20. Ask 3 questions (page 12).
- Read paragraph that follows.

### Page 13—

- Read Ephesians 1:1-2. This letter from Paul to the Ephesians was written about 5 years after he left them. Think back 5 years from now.
- Read Ephesians 3:1 and 8. Ask 2 questions (page 13).

#### The Power of Jesus Christ

- Read the paragraphs.
- Read Ephesians 1:19-23. Ask the question and discuss what it means for God to have "incomparably great power" (NIV).

### Page 14—

- Ask 3 questions (page 14).
- Draw attention to the paragraphs about evil spirits but don't spend time talking about it. If they have more questions, you can suggest they go to gotquestions.org.

#### Page 15—

- Read Ephesians 2:6 and ask question (page 15).
- Read two paragraphs. Skip the questions about good / bad luck. Those are thought questions for them to consider.
- Read the paragraph starting at the bottom of page 15.

## Seek Your Treasure in Jesus Christ

### Pages 17-18—

• They should have listened to the podcast or read through this section already. Pull out highlights that you want to emphasize from the "Jesus is fully God" and Jesus is fully human" sections. Or, just read the last paragraph on page 18. This study affirms the truth that Jesus is God in human flesh.

#### Paaes 19-20-

- "When Christians Lose Confidence in God": This is an important section you should cover. Read the three paragraphs on page 19. Skim through the 4 thought questions. These are thought questions that will help you to recognize substitute powers in your life. The Ephesians deleted them—smashed and burned so they couldn't go back to them.
- "Jesus Christ is fully powerful": Read the 2 paragraphs on p. 20.

# Your Treasure in Christ

#### Page 16—

- Go back to page 16. Ask the first question. Give them time to share what they tend to rely upon to be successful in life.
- Read the last 2 paragraphs (page 16).

Close in prayer and worship.

- Ask for prayer requests. Remember what has been shared in the lesson about any struggles. Pray using the prayer prompts on p. 20 and remember needs expressed.
- Draw their attention to the "Reflect" question on page. 20.

**Recommendation:** Listen to a worship song such as "What a Beautiful Name It Is," which fits very well with this lesson. See page 20.

## **LESSON 2: THE TREASURE OF YOUR RESCUE FROM DARKNESS**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

### Start with prayer.

Quiz them on the 2 words that describe Ephesus.

#### Page 21—

• Read 2<sup>nd</sup> paragraph and verse for lesson at the top of the page.

### Life in the Darkness

Ask 2 questions at bottom of page 21.

#### Page 22—

- Read paragraph at top of page 22.
- Have someone read 2 Corinthians 4:4 and answer the 2 questions that follow.
- Read paragraph that follows.
- Have someone read Ephesians 2:1-3 and answer the 2 questions.

### Page 23—

- Cover highlights in paragraph at top of page 23.
- Ask question.
- Cover highlights in paragraph that follows.
- Have someone read Ephesians 4:17-19 and answer the first 2 questions.
- Ask the 3<sup>rd</sup> question (bottom of page 23).

### Page 24—

- Top of page 24—emphasize the last 2 sentences.
- Have someone read Ephesians 2:15 and question that follows.
- Ask "Do you remember..." question.
- Ask "Do you know..." question.

#### Page 29—

- Go to page 29 and read the 2<sup>nd</sup> and 3<sup>rd</sup> paragraphs.
- Discuss why believers should have compassion for unbelievers rather than harshness.

#### The Rescue from Darkness

#### Page 24—

• Read paragraph. Have someone read John 1:5 and answer question.

### Page 25—

- Have someone read Ephesians 2:4-7 and answer the 2 questions that follow.
- Everyone answer the 3<sup>rd</sup> question together (Jesus!).

• Have someone read Ephesians 2:8-9 and answer the 2 questions at the bottom of page 25.

## Page 26—

- Ask question on top of page 26.
- Someone reads 2 paragraphs that follow.
- Read 1<sup>st</sup> sentence of 3<sup>rd</sup> paragraph (about faith) and turn to page 30.

#### Page 30—

• Cover the first 2 paragraphs under "Faith." Have someone read the 3 bullets and the paragraph that follows (still on page 30). Ask if there are any questions. Back to page 26.

### Page 26—

• Have someone read Ephesians 2:10 and answer the question and paragraph that follows. Say that the rest of the New Testament describes good works. And, we will cover them more in Lessons 6 and 7.

#### Your Treasure in Christ

Read the first paragraph and the first sentence of the 2<sup>nd</sup> paragraph.

### Page 27—

- Talk about the common question on page 27. Make sure everyone has the confidence how to answer that question.
- Read the paragraph on page 27 starting with "As soon as."
- Ask everyone how many years since they made that decision to trust in Christ.

### Remember the Treasure of Your Rescue from Darkness

### Page 31—

Turn to page 31. Read the 3 paragraphs under "Faith is fed by knowing God."

## Page 32—

- Read the statement together "Let Jesus satisfy..."
- Ask the question under "Reflect."

### Close in prayer and worship.

 Ask for prayer requests. Pray using the prayer prompts on p. 32 and remember needs expressed.

**Recommendation:** Listen to a worship song such as "In Christ Alone," which fits very well with this lesson.

## LESSON 3: THE TREASURE OF EVERY SPIRITUAL BLESSING IN CHRIST

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

Visual aid: Have a pretty box with some colorful beads to represent your treasure chest with blessing jewels in it.

Getting acquainted: Since the lesson is about jewels, ask, "What is your favorite gem stone?" Start with prayer.

• Page 33—Read the third paragraph. This is the foundation for the study.

# Your Blessing Jewels

- Reader—Ephesians 1:3-14 and answer the question below.
- Highlight the quote about Paul and the jewels in a treasure chest showing beads and your "treasure" box.

## Page 34—

- Have someone read the 2 paragraphs at the top of the page.
- Ask 2 questions "Are you...?" then "How does that make you feel?"
- Read paragraph below that.
- Reader—Read Ephesians 1:4, answer question, and read paragraph after it.

#### Page 35—

- Ask question at top of page.
- Highlight the two paragraphs about being chosen. Ask if there are any questions. Stick
  to the truths we see in the text here in Ephesians 1:4. If desired, go to pages 39-40 to
  point out other information from the podcast.
- Reader—Read Ephesians 1:5, paragraph, and 3 questions below that. Ask if there are any questions. Stick to the truths we see in the text here in Ephesians 1:5. If desired, go to page 40 to point out other information from the podcast.

### Page 36—

- Have someone read Ephesians 1:6-8, answer the question, and read the two
  paragraphs below those. Make sure they understand what the word redemption means,
  that it is release from slavery to sin. If desired, go to page 41 to point out other
  information from the podcast.
- Ask the 3 questions at the bottom of page 36.

## Page 37—

- Have someone read the two paragraphs at the top of the page. Ask the question.
- Reader—Read Ephesians 1:9-10, the two paragraphs, and answer the two questions.
- Read the paragraph below the questions. Make sure they understand what mystery in the Bible means. God has revealed some things about our future (bringing all things together under the head of Christ) but not the when. We cannot know this no matter how hard we try to figure it out. It is not revealed for us to know yet.

### Page 38—

- Reader—Read Ephesians 1:13-14, the paragraph that follows, and answer the two questions.
- Read the paragraph about God the Holy Spirit.
- Show the treasure box, emphasizing that everyone gets the same one at the moment of salvation. They can picture themselves holding their treasure box and being wrapped by the Holy Spirit as their seal of ownership and security.
- Then, go to page 42.

#### Page 42—

- Say, "When you are sealed with the Holy Spirit, it means certain things." Have someone read the three bullets at the top of page 42.
- Now have them make those personal by saying them to themselves using "I am..."
- Go back to page 38.

## Page 38—

Read the theme statement together.

#### Your Treasure in Christ

 Ask the 2 questions at the bottom of the page. Really camp on the second question to make them think about this.

## Rejoice in the Treasure of Every Spiritual Blessing in Christ

- Pages 39-42—ask if there are any questions.
- Ask if anyone did something creative for the "Reflect" question that they would like to share.

Close in prayer and worship.

Ask for prayer requests. Pray using the prayer prompts and remember needs expressed.

**Recommendation:** Listen to a worship song such as "Blessed Assurance," which fits very well with this lesson.

### **LESSON 4: THE TREASURE OF BEING DEARLY LOVED**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

# Start with prayer.

### Page 43—

- Reader—verse for lesson at the top of the page.
- Highlights from paragraphs.

#### A Father's Love

• Reader—Ephesians 5:1-2 and 3 questions below it.

#### Page 44—

- Emphasize the answer to the question, "You are a dearly loved child of God." Then, read the 2<sup>nd</sup> paragraph.
- Reader—Ephesians 3:12, 2 questions and paragraph.

## Page 45—

- Ask question.
- Read 2 paragraphs below. Ask if something makes them uncomfortable about prayer.

## The Gift of Knowing Him

- Reader—Ephesians 1:15-17, 2 questions, and 1 paragraph below.
- Read last paragraph. Talk about examples of familiar smells of favorite foods you could recognize like my example of fried chicken in the podcast.

#### Page 46—

- Reader—top 2 paragraphs.
- Highlight from quote. Do you agree with the last sentence and why?

### **Knowing God's Gifts**

• Reader—Ephesians 1:18-19, paragraph, and 2 questions.

#### Page 47—

- Highlights of first two paragraphs. Read 3<sup>rd</sup> paragraph and ask question.
- Reader—next two paragraphs after that question.
- Emphasize the power of prayer is in our prayer-listening God. Read the next paragraph.

## Knowing God's Love

Reader—Ephesians 3:16-19 and 2 questions that follow.

## Page 48—

- Talk through first paragraph, the difference between living and dwelling. Think of someone renting a room in a house versus the homeowner who has more influence over decisions about the house.
- Read—next 2 questions. Ask for other input.

Ask the last 2 questions on the bottom of the page.

### Page 49—

- Reader—quote and top of page.
- Emphasize from next paragraph that God loves us like that.
- Reader—Ephesians 3:20-21.
- Ask question. Use these answers as your prayer requests for today.

#### Your Treasure in Christ

Discuss question. Say together, "I am dearly loved by my Father God."

# Bask in the Treasure of Being Dearly Loved

#### *Page 50—*

• Highlight middle of third paragraph—"God wants you to bare your soul..." The Psalms are examples for us of all those things.

#### *Page 51—*

Reader—each Prayer Truth and the paragraphs that follow.

### Page 52—

 Prayer Truth #6: You've already covered knowing God. Review knowing God intimately means closely acquainted and familiar. Ask, "How to you do this?" Talk about Bible Study, praying to Him, seeing answers to prayer, recognizing unexpected opportunities or blessings, the things we often call "God things."

#### Page 53—

 Read the second full paragraph. Ask, "How confident are you now that you are dearly loved by your Father God?"

### Close in prayer and worship.

• Pray using the prayer needs expressed on page 49.

**Recommendation:** Listen to a worship song such as "You Are My King," which fits very well with this lesson.

## **LESSON 5: THE TREASURE OF THE CHURCH**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

## Start with prayer.

#### Page 55—

- Reader—verse for lesson at the top of the page.
- Highlights from 1<sup>st</sup> & 2<sup>nd</sup> paragraphs. Read 3<sup>rd</sup> and 4<sup>th</sup> paragraphs.

# A Little Bit of History

Read paragraph.

#### Page 56—

- Reader—Ephesians 2:12 and question.
- Highlights from 2 paragraphs below that.
- Reader—Ephesians 2:13-18 and 3 questions.

#### Page 57—

- Ask top question. Emphasize that this is a "Trinity" verse. In him (Christ), the Father, and the Spirit.
- Review paragraph that follows.
- Reader—Ephesians 3:4-6 and 3 questions.
- Highlights of paragraph that follow.
- Reader—paragraph at bottom of page to top of next page.

### Page 58—

# The Church as the Body of Christ

- Read paragraph.
- Reader—Ephesians 1:22-23 and question.
- Reader—Ephesians 2:19-22 and 2 questions.

### Page 59—

- Reader— Ephesians 4:15-16 and 2 questions.
- Highlights from paragraph.

## The Treasure of a Local Church Family

- Reader—paragraph below heading.
- Ask question at bottom of the page—should elicit several responses.

### Page 60—

- Reader—Ephesians 4:11-12, 1 question, and paragraph that follows.
- Ask the next 2 questions. Emphasize we are to become like Christ as we grow in faith.

- Reader—Ephesians 4:14 and 1 question.
- Ask question at the bottom of the page or just talk generally about the winds of teaching on the internet.

#### Page 61—

- Reader—2 paragraphs at top of the page.
- Reader—Ephesians 4:15-16 or just refer to it being read earlier. Answer the question.
- Read Ephesians 4:12 and ask the 2 questions that follow.
- Reader—2 paragraphs at bottom of page and top of next page

#### Page 62—

- Refer back to Ephesians 2:10 regarding works of service and read paragraph that follows.
- Reader—John 13:34-35 and 2 questions.
- Read paragraph at bottom of page/top of next page.

#### Page 63—

#### Your Treasure in Christ

- Skip first paragraph.
- Reader—statement and 5 bullet points.
- Read the last paragraph.

# Enjoy Your Treasure in the Church

#### Page 64—

Ask for questions about pages 64-middle of page 65.

#### Pages 65-66—

- Go over the 4 things that define a healthy church community. Ask what would be the opposite for each one. That helps to recognize truth from error.
- Mention the need to reconcile relationships quickly in a church community and the importance of staying connected rather than getting isolated.
- Page 67—
- Read theme statement together.
- Ask the "Reflect" questions if appropriate for the group.

### Close in prayer and worship.

Ask for prayer needs and pray for them.

**Recommendation:** Listen to a worship song such as "Build My Life," which fits very well with this lesson.

# LESSON 6: THE TREASURE OF GOD'S EMPOWERING PRESENCE

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

Getting acquainted (optional): Since the lesson is about inside power, ask, "What is your favorite drink in the morning to get your day started?"

Start with prayer.

### *Page 69—*

- Reader—verse for lesson at the top of the page.
- Highlights from 1<sup>st</sup> & 2<sup>nd</sup> paragraphs.

## The Work of the Holy Spirit

- Cover the first paragraph as a review.
- Reader—last paragraph on page.

#### Page 70—

- Skip the review verses.
- Reader—1<sup>st</sup> paragraph and Ephesians 4:1.
- Highlights of next two paragraphs.
- Reader—quote and paragraph that follows.
- Read the last two paragraphs.

### Page 71—

### Put on New Clothes

- Reader—Ephesians 4:20-24 and Qs 1 and 2.
- Ask Q3.
- Highlights of next 3 paragraphs.
- Reader—Ephesians 4:2-3 and question.

### Page 72—

- Ask question at the top of the page.
- Reader—1<sup>st</sup> paragraph.
- Have them underline the definition of humility. Read next 2 paragraphs and have them underline the definition of gentleness.
- Reader—2 questions
- Read next 3 paragraphs bottom of page 72, top of page 73.

## Page 73—

- Reader—Ephesians 4:25 and 3 questions.
- Reader—Ephesians 4:26-27 and 3 questions.

### Page 74—

- Reader—Ephesians 4:28 and 3 questions.
- Reader—Ephesians 4:29 and 3 questions.
- Reader—Ephesians 4:31-32 and 3 questions.

#### Page 75—

Read the 1<sup>st</sup> paragraph and ask the question that follows.

### Your Treasure in Christ

- Reader—1<sup>st</sup> paragraph
- Read next paragraph. The two questions that follow are personal thought questions.

### Page 76—

- Cover the biblical process for dealing with recognized sin as a believer. Point them to the page in the back of the book with the longer explanation.
- Reader—last 2 paragraphs on page.

### Depend on the Treasure of God's Empowering Presence

## Pages 77-78—

Ask if there are any questions or if anything grabbed their attention.

## Page 79—

• Ask if anything grabbed their attention about the section on anger and hurtful speech.

### Page 80—

- Cover the top paragraph on this page.
- Cover "Resisting the treasure of God's empowering presence."
- Read the last paragraph on this page.

#### Page 81—

• "Reflect": Work through the bullet points and ask if they have recognized each one. Point them to the page in the back of the book with the longer explanation.

#### Close in prayer and worship.

Ask for prayer needs and pray for them.

**Recommendation:** Listen to a worship song such as "Lord, I Need You," which fits very well with this lesson.

## **LESSON 7: THE TREASURE OF GODLINESS**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

### Start with prayer.

#### Page 83—

- Reader—verse for lesson at the top of the page.
- Read 1<sup>st</sup> paragraph.
- Reader—Ephesians 5:1-2 and guestion.
- Highlights from next 3 paragraphs. Have them underline the definition of godliness in bold.

#### Page 84—

#### What Godliness Doesn't Look Like

- Reader—Ephesians 5:3, 2 questions, and 1 paragraph.
- Reader—Ephesians 5:4, 1 question, and paragraph. Brainstorm what might be considered foolish talk.

#### Page 85—

Ask 2 questions. Highlights of paragraph below them.

#### What Godliness Looks Like

• Reader—Ephesians 5:8-10. 3 questions. Instead of paragraph, ask where we find what pleases the Lord?

### Page 86—

- Reader—Ephesians 5:15-18 and 3 questions.
- Read 2 paragraphs bottom of page and top of next page. Emphasize Jesus being the dominating influence on you.

## Page 87—

- Reader—second paragraph about the filling of the Spirit.
- Highlights of next two paragraphs.
- Reader—Ephesians 5:19-20 and question.
- Ask what that would look like in reality.

#### Page 88—

### Godliness Is Lived Out in Our Relationships

- Top paragraph.
- Reader—Ephesians 5:21, question, and paragraph.
- Emphasize the paragraph about the next verses. Paul addresses other types of marriage situations in 1 Corinthians 7 and Colossians 3.
- Reader—Ephesians 5:22-33.

• Ask the questions that follow.

### Page 89—

- Reader—Ephesians 6:1-4 and 2 questions.
- Highlights of next paragraph.
- Reader—Ephesians 6:5-9, paragraph and 2 quesitons.

### *Page 90—*

• Read top paragraph.

## Your Treasure in Christ

Questions are thought questions. Open up for sharing if time.

### Pages 91-94—

#### Live Out the Treasure of Godliness

- Ask for comments or questions about the teaching on these pages.
- Read the last paragraph on page 94, emphasizing how weakness is more useful to God than self-determined strength as we yield to Him.

### Page 95—

"Reflect" question.

Close in prayer and worship.

• Ask for prayer needs and pray for them.

**Recommendation:** Listen to a worship song such as "Lord, I Need You," which fits very well with this lesson.

### **LESSON 8: THE TREASURE OF VICTORY IN CHRIST**

Always read the Bible verses as directed in the book whether they have done the study at home or not. Ask specific women to read them as you get there. Choose ahead of time the explanation paragraphs to be read aloud as you proceed through the discussion. My recommendations are below.

Start with prayer.

#### Page 97—

- Reader—verse for lesson at the top of the page.
- Highlights of 5 paragraphs. Underline first 2 sentences in 2<sup>nd</sup> paragraph. The prayer that never fails is, "Lord, Your will be done."
- Rader—Ephesians 1:19-21 and 2 paragraphs that follow.

### Page 98—

- Read second paragraph.
- Reader—Ephesians 6:10-13 and 4 questions.
- Point out other translations of verse 10 all emphasize being strong or strengthened in the Lord. Ask question at the bottom of the page. Remember being in Christ and all those spiritual blessing jewels and the Holy Spirit in us.

### Page 99—

- Read paragraph at top of page.
- Reader—Ephesians 3:10, question and 2 paragraphs.
- Read next paragraphs.
- Reader—Ephesians 6:14-18 and 5 questions.

## Page 100-

- Consider prayer like 2-way radio soldiers use to communicate with their commanding officers.
- Reader—last two paragraphs on the page.

# Page 101—

- Read paragraph at top of page.
- Skip reading verses. Ask first 3 questions. Ask for other input to "stand firm" and "opposites."
- Ask next 2 questions. Ask for other input to "flaming arrows." Make sure to include what is in paragraph below so you don't need to read it.

### Page 102—

- Reader—top paragraph.
- Ask question. Then, read the next two paragraphs.

### Your Treasure in Christ

Ask for their reflections and response to the song lyrics (page 103).

#### Pages 104-108—

Stand Firm in the Treasure of Your Victory in Christ

- Ask for comments or questions about the teaching on pages 104-105.
- Cover the "Settling for less when you lose confidence in God" section (page 106). Talk about substitutes that seem to work and why that draws our attention. The last paragraph on page 106 and the first 2 paragraphs on page 107 are important to cover.
- "Reflect" questions on page 108.

Close in prayer and worship.

• Ask for prayer needs and pray for them.

**Recommendation:** Listen to a worship song such as "Whom Shall I Fear?" which fits very well with this lesson.